

## BEAUTY & WELLNESS SESSION PLAN 2025-26 (STANDARD XII)

MONTH	UNITS	TOPICS COVERED	
		THEORY	PRACTICAL
Apr-25	UNIT -1 MAKE UP SERVICES	1. Basic skin types and skin Tones. (Oily, dry, normal And combination; Skin Tone: Fair, dark, pink, Yellow, pale) 2. Select and apply the Correct make-up products To enhance facial features, To suit the client's needs And achieve the desired Effect. 3. Various Make-up products knowledge: Foundation, powder, Blusher, mascara, eye Shadows, eye liner eyebrow pencil, lip liner And lip stick/gloss, etc	Identify basic skin types and Skin tone correctly using different methods.
	UNIT 1: COMMUNICATION SKILLS – IV	#Importance of active listening at workplace #Steps to active listening	Demonstration of the key aspects of becoming active listener, Preparing posters of steps for active listening
May-25	UNIT -1 MAKE UP SERVICES AND UNIT 1: COMMUNICATION SKILLS – IV	4. Colour wheel and how to Use it for selecting right Makeup products. 5. Importance of Highlighting And contouring with Respect to make up. #Writing skills to the following: •Sentence •Phrase •Kinds of Sentences •Parts of Sentence •Parts of Speech •Articles •Construction of a Paragraph	Demonstration of different Make-ups: Day, Party, Evening Bridal Make Up.
	<b>SUMMER VACATION (11TH MAY- 30TH JUNE)</b>		
Jun-25	<b>SUMMER VACATION (11TH MAY- 30TH JUNE)</b>		
Jul-25	UNIT -1 MAKE UP SERVICES	"6. Basic bindi designs 7. Different draping Techniques. 8. Various make-up removal Products and procedures. "	1.Application of bindi design. 2.Demonstration of draping Costumes on customer using correct techniques And without discomfort to The customer.
	UNIT 2: SELF - MANAGEMENT SKILLS – IV	#Finding and listing motives (needs and desires) #Describe the meaning of personality #Describe how personality influence others	Group discussion on identifying needs and desire, Discussion on sources of motivation and inspiration, Demonstrate the knowledge of different personality types
Aug-25	UNIT-2 FACIAL BEAUTY SERVICES	1.Electrical/electronic Machine equipment for Beauty services -Brush Machine/Brush Unit, Facial Steamer(Vapour Zone). 2.High frequency machine use for beauty services.	Identify Various Electrical/electronic Machine Equipment for beauty services Correctly – 1. Brush Machine/Brush Unit, 2. Facial Steamer(Vapour Zone). 3. Demonstrate on High frequency machine
	UNIT 2: SELF - MANAGEMENT SKILLS – IV/UNIT 3: INFORMATION AND COMMUNICATION TECHNOLOGY SKILLS – IV	#Describe basic personality traits #Describe common personality disorders- paranoid, antisocial, schizoid, borderline, narcissistic, avoidant, dependent and obsessive Introduction to spreadsheet application #Spreadsheet applications #Creating a new worksheet	Demonstration and practice on the following: Introduction to the spreadsheet application Listing the spreadsheet applications Creating a new worksheet
	UNIT-2 FACIAL BEAUTY SERVICES	1.Galvanic (Iontophoresis, Faradic, Vacuum suction, Micro Current, Electro-muscle Stimulator, Lymphatic Drainage Equipment, Microdermabrasion, Ultra-sonic). 2.Contraindications & Contractions for use of Different machines. Using The Equipment for facial beauty.	Demonstrate on Galvanic (Iontophoresis, Faradic, Vacuum Suction, Micro current, Electromuscle Stimulator, Lymphatic Drainage )

Sep-25	UNIT 3: INFORMATION AND COMMUNICATION TECHNOLOGY SKILLS – IV	Opening workbook and entering text,Resizing fonts and styles,Copying and moving Filter and sorting Formulas and functions Password protection.	Opening the workbook and enter text Resizing fonts and styles Copying and move the cell data Sorting and Filter the data Applying elementary formulas and functions
	MID TERM EXAMINATION 16 SEPTEMBER 2025-1 OCTOBER 2025		
Oct-25	UNIT-2 FACIAL BEAUTY SERVICES	Select and prepare suitable Skincare products to meet the Client's needs in line with the client Service plan. Select the correct machine and Accessories as per the service Plan. Identify contra-indications and Respective necessary actions.	Demonstrate on Micro dermabrasion, Ultra-sonic machine treatment. Demonstrate specific after procedure, homecare advice and Recommendations for product use
	UNIT 3: INFORMATION AND COMMUNICATION TECHNOLOGY SKILLS – IV	Printing a spreadsheet. Saving a spreadsheet in various formats Introduction to presentation Software packages for presentation	Protecting the spreadsheet with password Printing a spreadsheet Saving the spreadsheet in various formats.Demonstration and practice on the following: Listing the software packages for presentation Explaining the features of presentation,Creating a new presentation Adding a slide to presentation. Deleting a slide Entering and edit text Formatting text Inserting clipart and images
Nov-25	UNIT-3 SALON RECEPTION DUTIES	1. Importance of customer Satisfaction for business and Professional success. 2. Information required for booking An appointment and the purpose Of each item of information. 3.Features and operational Procedures of Computerized Booking systems. 4. Importance of managing Customers during waiting periods And possible ways to do that 5. Customer service principles Including privacy and protection To modesty of the customers. 6. Data protection, its importance, Application and relevant practices.	1. List types of products And services offered by The salon and their costs. 2. Enlist time taken for Various services and Procedures offered by The salon. 3. Role Play To Demonstrate different Client handling situation.
	UNIT 3: INFORMATION AND COMMUNICATION TECHNOLOGY SKILLS – IV,UNIT 4: ENTREPRENEURIAL SKILLS- IV	Slide layout Saving a presentation Printing a presentation document ,Barriers to becoming entrepreneur,Behavioral and entrepreneurial competencies– adaptability/ decisiveness, initiative/perseverance, interpersonal skills, organizational skills, stress management, valuing service and diversity,Entrepreneurial competencies in particular: self - confidence, initiative, seeing and acting on opportunities, concern for quality, goal setting and risk taking, problem solving and creativity, systematic planning and efficiency, information seeking, persistence, influencing and negotiating, team building	Sliding layout Saving a presentation Printing a presentation document Administering self- rating questionnaire and score responses on each of the competencies Collect small story/ anecdote of prominent successful entrepreneurs  Identify entrepreneurial competencies reflected in each story and connect it to the definition of behavioral competencies  Preparation of competencies profile of students,Games and exercises on changing entrepreneurial behavior and development of competencies for enhancing self-confidence, problem solving, goal setting, information seeking, team building and creativity
Dec-25	UNIT-4 CREATE A POSITIVE IMPRESSION AT THE WORKPLACE	1. Effective consultation Techniques to identify Treatment objectives. 2. Effective communication Techniques when dealing With clients. Professional etiquettes	Role plays to demonstrate right Consultation & communication Techniques with clients. Demonstrate client handling Methods citing situational examples.

	UNIT 5: GREEN SKILLS – IV	<p>Role of green jobs in toxin-free home</p> <p>Green organic gardening, public transport and energy conservation. Green jobs in water conservation</p> <p>Green jobs in solar and wind power, waste reduction, reuse and recycling of wastes. Green jobs in appropriate technology</p> <p>Role of green jobs in Improving energy and raw materials use.</p>	<p>Listing of green jobs and preparation of posters on green job profiles</p> <p>Prepare posters on green jobs.</p>
WINTER BREAK 1 JAN 2026-15 JAN 2026			
Jan-26	UNIT 5: GREEN SKILLS – IV	<p>Role of green jobs minimizing waste and pollution. Role of green jobs in protecting and restoring ecosystems.</p>	<p>Listing of green jobs and preparation of posters on green job profiles</p> <p>Prepare posters on green jobs.</p>
Feb-26	UNIT 5: GREEN SKILLS – IV	<p>Role of green jobs in support adaptation to the effects of climate change</p>	<p>Listing of green jobs and preparation of posters on green. Prepare posters on green jobs. profiles</p>
	REVISION		
Mar-26	ANNUAL EXAMINATION 2026		