		SH SESSION PLAN 2025-26 (STANDARD XII)	
MONTH	UNITS	THEORY	PRACTICAL
Apr-25	UNIT 1: Diphones, Medial Semi-Circle, Essential Vowels, Upward & Downward L,Upward & Downward "SH".	Part A: Diphones Definition, Rules, Difference between Diphones and Diphthongs.	Practice of Rules, Outlines/Words and Sentence related to chapter of Diphone
		Part B : Medial Semi-Circle Rules.	Practice of Rules, Outlines/Words and Sentence related to chapter of Medial Semi-Circle.
		Part C: Essential Vowels , Vowels Indication Rules.	Revision of rules relating to Vowels, Outlines/Words and Sentences
		Part D : Upward and downward consonant 'L' Rules	Practice of rules ,outlines/words and sentences related to the chapter of Upward and Downward consonant 'L'
		Part E : Upward and Downward form of consonant 'SH'	Practice of rules ,outlines/words and sentences related to the chapter of Upward and Downward consonant 'L'
	UNIT 1: COMMUNICATION SKILLS – I	Introduction to General Employbility skills course Methods of communication Verbal Non-verbal Visual	Activity/Q&A
		Activity/Q&A	1
un-25		SUMMER VACATION (11TH MAY	- 30TH JUNE)
n-25		SUMMER VACATION (11TH MAY	- 30TH JUNE)
	UNIT 2 : Prefixes and suffixes		Practice of rules ,outlines/words and sentences related to
n-25		Meaning	Practice of rules ,outlines/words and sentences related to chapter of Prefixes Practice of rules ,outlines/words and sentences related to
		Meaning Part A : Prefixes Rules Part B : suffixes Rules Meaning of communication,importance of communication skill ,Elements of communication cycle - sender ,ideas,encoding,communication	Practice of rules ,outlines/words and sentences related to chapter of Prefixes
	UNIT 2 : Prefixes and suffixes	Meaning Part A : Prefixes Rules Part B : suffixes Rules Meaning of communication,importance of communication skill ,Elements of communication	Practice of rules ,outlines/words and sentences related t chapter of Prefixes Practice of rules ,outlines/words and sentences related t chapter of suffixes Practice of rules ,outlines/words and sentences related t chapter of General contractions
1-25	UNIT 2 : Prefixes and suffixes	Meaning Part A : Prefixes Rules Part B : suffixes Rules Meaning of communication,importance of communication skill ,Elements of communication cycle - sender ,ideas,encoding,communication channel,reciever,decoding and feedback	Practice of rules ,outlines/words and sentences related t chapter of Prefixes Practice of rules ,outlines/words and sentences related t chapter of suffixes Practice of rules ,outlines/words and sentences related t chapter of General contractions
1-25	UNIT 2 : Prefixes and suffixes UNIT 1 : Communication skills-1	Meaning Part A : Prefixes Rules Part B : suffixes Rules Meaning of communication,importance of communication skill ,Elements of communication cycle - sender ,ideas,encoding,communication channel, reciever,decoding and feedback Part A : General contractions meaning - Rules PART B : Special contractions meaning Rules Part C :Figures meaning writing monetary units in	Practice of rules ,outlines/words and sentences related t chapter of Prefixes Practice of rules ,outlines/words and sentences related t chapter of suffixes Practice of rules ,outlines/words and sentences related t chapter of General contractions practice of rules ,outlines/words and sentences related t chapter of special contractions practice of rules ,outlines/words with the use of differen
-25	UNIT 2 : Prefixes and suffixes UNIT 1 : Communication skills-1 UNIT 3 : General contractions,special contractions,figures/UNIT -1	Meaning Part A : Prefixes Rules Part B : suffixes Rules Meaning of communication,importance of communication skill ,Elements of communication cycle - sender ,ideas,encoding,communication channel,reciever,decoding and feedback Part A : General contractions meaning - Rules PART B : Special contractions meaning Rules	Practice of rules ,outlines/words and sentences related t chapter of Prefixes Practice of rules ,outlines/words and sentences related t chapter of suffixes Practice of rules ,outlines/words and sentences related t chapter of General contractions practice of rules ,outlines/words and sentences related t chapter of special contractions
-25 g-25	UNIT 2 : Prefixes and suffixes UNIT 1 : Communication skills-1 UNIT 3 : General contractions,special contractions,figures/UNIT -1	Meaning Part A : Prefixes Rules Part B : suffixes Rules Meaning of communication,importance of communication skill ,Elements of communication cycle - sender ,ideas,encoding,communication channel,reciever,decoding and feedback Part A : General contractions meaning - Rules PART B : Special contractions meaning Rules Part C :Figures meaning writing monetary units in shorthand Writting skills related to the following phrases ,kinds of sentences,parts of sentences ,parts of speech,use	Practice of rules ,outlines/words and sentences related t chapter of Prefixes Practice of rules ,outlines/words and sentences related t chapter of suffixes Practice of rules ,outlines/words and sentences related t chapter of General contractions practice of rules ,outlines/words and sentences related t chapter of special contractions practice of rules ,outlines/words with the use of differen consonants for and sentences related to the figures Demostration and practice of writing sentences and
I-25 1g-25	UNIT 2 : Prefixes and suffixes UNIT 1 : Communication skills-1 UNIT 3 : General contractions,special contractions,figures/UNIT -1 COMMUNICATION SKILLS UNIT 2 : SELF MANAGEMENT SKILLS	Meaning Part A : Prefixes Rules Part B : suffixes Rules Meaning of communication,importance of communication skill ,Elements of communication cycle - sender ,ideas,encoding,communication channel,reciever,decoding and feedback Part A : General contractions meaning - Rules PART B : Special contractions meaning Rules Part C :Figures meaning writing monetary units in shorthand Writting skills related to the following phrases ,kinds of sentences,parts of sentences ,parts of speech,use of articles,construction of a paragraph Factors that help in building self confidence-	Practice of rules ,outlines/words and sentences related t chapter of Prefixes Practice of rules ,outlines/words and sentences related t chapter of suffixes Practice of rules ,outlines/words and sentences related t chapter of General contractions practice of rules ,outlines/words and sentences related t chapter of special contractions practice of rules ,outlines/words with the use of differen consonants for and sentences related to the figures Demostration and practice of writing sentences and paragraphs on topics related to the subject. Role play excercises on building self confidence ,use of positive metaphors, words.
-25 g-25	UNIT 2 : Prefixes and suffixes UNIT 1 : Communication skills-1 UNIT 3 : General contractions,special contractions,figures/UNIT -1 COMMUNICATION SKILLS UNIT 2 : SELF MANAGEMENT SKILLS MID TI UNIT 4 : Advanced phraseography	Meaning Part A : Prefixes Rules Part B : suffixes Rules Meaning of communication,importance of communication skill ,Elements of communication cycle - sender ,ideas,encoding,communication channel,reciever,decoding and feedback Part A : General contractions meaning - Rules PART B : Special contractions meaning Rules PART B : Special contractions meaning Rules Part C :Figures meaning writing monetary units in shorthand Writting skills related to the following phrases ,kinds of sentences,parts of sentences ,parts of speech,use of articles,construction of a paragraph Factors that help in building self confidence- social,cultural,and physical factors .	Practice of rules ,outlines/words and sentences related to chapter of Prefixes Practice of rules ,outlines/words and sentences related to chapter of suffixes Practice of rules ,outlines/words and sentences related to chapter of General contractions practice of rules ,outlines/words and sentences related to chapter of special contractions practice of rules ,outlines/words with the use of different consonants for and sentences related to the figures Demostration and practice of writing sentences and paragraphs on topics related to the subject. Role play excercises on building self confidence ,use of positive metaphors, words.
-25 g-25 p-25	UNIT 2 : Prefixes and suffixes UNIT 1 : Communication skills-1 UNIT 3 : General contractions,special contractions,figures/UNIT -1 COMMUNICATION SKILLS UNIT 2 : SELF MANAGEMENT SKILLS MID TI	Meaning Part A : Prefixes Rules Part B : suffixes Rules Meaning of communication,importance of communication skill ,Elements of communication cycle - sender ,ideas,encoding,communication channel,reciever,decoding and feedback Part A : General contractions meaning - Rules PART B : Special contractions meaning Rules Part C :Figures meaning writing monetary units in shorthand Writting skills related to the following phrases ,kinds of sentences,parts of sentences ,parts of speech,use of articles,construction of a paragraph Factors that help in building self confidence- social,cultural,and physical factors . ERM EXAMINATION 16 SEPTEMBER 2	Practice of rules ,outlines/words and sentences related t chapter of Prefixes Practice of rules ,outlines/words and sentences related t chapter of suffixes Practice of rules ,outlines/words and sentences related t chapter of General contractions practice of rules ,outlines/words and sentences related t chapter of special contractions practice of rules ,outlines/words with the use of differen consonants for and sentences related to the figures Demostration and practice of writing sentences and paragraphs on topics related to the subject. Role play excercises on building self confidence ,use of positive metaphors, words. 025-1 OCTOBER 2025 practice of rules ,outlines/words and sentences related t advanced phraseography
-	UNIT 2 : Prefixes and suffixes UNIT 1 : Communication skills-1 UNIT 3 : General contractions,special contractions,figures/UNIT -1 COMMUNICATION SKILLS UNIT 2 : SELF MANAGEMENT SKILLS MID TI UNIT 4 : Advanced phraseography UNIT 3 : INFORMATION AND COMMUNICATION TECHNOLOGY	Meaning Part A : Prefixes Rules Part B : suffixes Rules Meaning of communication,importance of communication skill ,Elements of communication cycle - sender ,ideas,encoding,communication channel,reciever,decoding and feedback Part A : General contractions meaning - Rules PART B : Special contractions meaning Rules Part C :Figures meaning writing monetary units in shorthand Writting skills related to the following phrases ,kinds of sentences,parts of sentences ,parts of speech,use of articles,construction of a paragraph Factors that help in building self confidence- social,cultural,and physical factors . Rules ICT IN our daily life(examples),ICT Tools - mobile,tab,radio,ty,email etc.	Practice of rules ,outlines/words and sentences related to chapter of Prefixes Practice of rules ,outlines/words and sentences related to chapter of suffixes Practice of rules ,outlines/words and sentences related to chapter of General contractions practice of rules ,outlines/words and sentences related to chapter of special contractions practice of rules ,outlines/words and sentences related to chapter of special contractions practice of rules ,outlines/words with the use of different consonants for and sentences related to the figures Demostration and practice of writing sentences and paragraphs on topics related to the subject. Role play excercises on building self confidence ,use of positive metaphors, words. 025-1 OCTOBER 2025 practice of rules ,outlines/words and sentences related to advanced phraseography

Nov-25	UNIT 6 : Dictataion passages and their transcription	Meaning Precautions	practice of the transcription of the dictated passages /excercises on computer with proper display within the required time frame
	UNIT 3 : INFORMATION AND COMMUNICATION TECHNOLOGY SKILLS	Role and function of Random Access Memory (RAM) and Read Only Memory (ROM) Role and functions of Central Processing Unit Procedure for starting and shutting down a computer	software.
	PRACTICAL (JOB-1)	DICTATION	One dictation of unseen passage of 400 words at the speed of 80 wpm for 5 minutes (reading & transcription time on computer :40 minutes)
Dec-25	UNIT 3: INFORMATION AND COMMUNICATION TECHNOLOGY SKILLS – 1	# Peripherals devices and their uses – mouse, keyboard, scanner, webcam, etc. of a computer system	Identification of various parts and peripherals of a computer Demonstration and practice on the use of mouse Demonstration and practice on the use of keyboard Demonstration of the uses of printers, webcams, scanner and other peripheral devices Drawing diagram of computer system and labelling it
		# Primary operations on a computer system – input, process, storage, output, communication networking, etc.	Identification of the various input and output units and explanation of their purposes
	V	/INTER BREAK 1 JAN 2026-1	15 JAN 2026
Jan-26	UNIT 7 BUSINESS LETTER AND THEIR TRANSCRIPTIONS / UNIT 4 ENTERPRENEURIAL SKILLS 1	BUSINESS LETTERS AND THEIR TRANSCRIPTION # Meaning of entrepreneurship development # Distinguishing characteristics of entrepreneurship # Role and rewards of entrepreneurship	Practice of dictated business letters into the transcriptions on computer with the rules of display within the required time limit # Group discussions on role and features of entrepreneurship # Lectures/presentations by entrepreneurs on their experiences and success stories # Identify core skills of successful entrepreneur
	PRACTICAL (JOB-II)	DICTATION	ONE dictation of Business letter in of 3 minutes. The body of letter will be dictated @60wpm speed for 5 minutes (reading & transcription time on computer :20 minutes)
	PRACTICAL (JOB -III) PRACTICAL (JOB -IV)	VIVA -VOCE PRACTICAL FILE	VIVA ON THE RULES AND OUTLINES ON JOB -I AND JOB-II
Feb-26	REVISION UNIT 5 GREEN SKILLS- 1	REVISION OF UNIT 1-UNIT 4 Introduction to environment, Relationship between society and environment, ecosystem and factors causing imbalance Natural resource conservation Environment protection and conservation	Group discussion on hazards of deteriorating environment Prepare posters showing environment conservation Discussion on various factors that influence our environment
		# Definition of green economy # Importance of green economy	Discussion on the benefits of green skills and importance of green economy Prepare a Poster showing the importance of green economy with the help of newspaper/ magazine cuttings
Mar-26	ANNUAL EXAMINATION 2026		