

SESSION PLAN (2025-26)			
Class-9th	Subject-APPAREL (Code-414)		
MONTH	UNITS	THEORY	TOPICS COVERED
			PRACTICAL
Apr-25	UNIT 1: Basics of hand embroidery	<ul style="list-style-type: none"> <li>Session 1- History of Hand Embroidery</li> <li>Session 2- Terms related to hand embroidery</li> <li>Session -3 -Types of design</li> </ul>	<b>Activities-</b> <ul style="list-style-type: none"> <li>Make a chart of terms related to hand embroidery</li> <li>Draw a motif of all types of designs in the practical file</li> </ul>
	Employability Module  UNIT 1- Communications Skills	Introduction to General Employability Module <ul style="list-style-type: none"> <li>Methods of communication</li> <li>Meaning of communication</li> <li>Importance of communication skills</li> <li>Elements of communication cycle</li> <li>Perspectives in communication</li> <li>Factors affecting perspectives in communication</li> <li>Writing skills related to the following-Phrases, Kinds of sentences, Parts of sentence, Parts of speech, Use of articles, Construction of a paragraph</li> </ul>	<b>Activities-</b> <ul style="list-style-type: none"> <li>Self Introduction</li> <li>Role Play</li> <li>Group Discussions</li> <li>Debates</li> <li>Art &amp; Craft</li> <li>Word Games</li> <li>Story Telling</li> <li>Brain Teasers</li> <li>Mindfulness</li> <li>Quiz</li> </ul>
May-25	UNIT 1: Basics of hand embroidery	<ul style="list-style-type: none"> <li>Session 4- Tracing Methods</li> </ul>	Prepare samples of different tracing methods used for hand embroidery
SUMMER VACATION (11th MAY- 30th JUNE)			
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Jun-25			
Jul-25	UNIT 2- : Material and basic stitches for hand embroidery	<ul style="list-style-type: none"> <li>Session 1- Define materials used for different types of embroidery</li> <li>Session 2- Types of basic stitches:- Flat stitches:</li> </ul>	<ul style="list-style-type: none"> <li>Write about different types of materials used for embroidery in the practical file</li> <li>Practice different types of flat stitches, prepare their samples and paste in practical file</li> </ul>
	Employability Module  UNIT 2- Self Management Skills	<ul style="list-style-type: none"> <li>Meaning of self-management</li> <li>Positive results of self-management</li> <li>Self-management skills</li> <li>Factors that help in building self-confidence – social, cultural, and physical factors</li> <li>Self-confidence building tips - getting rid of the negative thoughts, thinking positively, staying happy with small things, staying clean, hygienic and smart, chatting with positive people, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Identification of self-management skills</li> <li>Strength and weakness analysis</li> <li>Role play exercises on building self-confidence</li> <li>Use of positive metaphors/ words</li> <li>Positive stroking on wakeup and before going bed</li> <li>Helping others and working for community</li> </ul> <b>Activities/Q&amp;A</b>
Aug-25	UNIT 2- : Material and basic stitches for hand embroidery	<ul style="list-style-type: none"> <li>Session 3- Types of basic stitches:- Loop stitches:</li> </ul>	Practice different types of loop stitches, prepare their samples and paste in practical file
	Employability Module  UNIT 3- ICT Skills Part A	<ul style="list-style-type: none"> <li>Introduction to ICT</li> <li>Role and importance of ICT in personal life and at workplace</li> <li>ICT in our daily life (examples)</li> <li>ICT tools - Mobile, tab, radio, TV, email, etc.</li> <li>Computer system - Central Processing Unit (CPU), memory, motherboard, storage devices</li> <li>Hardware and software of a computer system</li> <li>Role and functions of Random Access Memory (RAM) and Read Only Memory (ROM)</li> <li>Role and functions of Central Processing Unit</li> <li>Procedure for starting and shutting down a computer</li> </ul>	<ul style="list-style-type: none"> <li>Discussion on the role and importance of ICT in personal life and at workplace.</li> <li>Preparing posters / collages for showing the role of ICT at workplace</li> <li>Connecting the cables and peripherals to the Central Processing Unit</li> <li>Starting and shutting down a computer</li> <li>Group discussion on the various aspects of hardware and software</li> </ul>
Sep-25	UNIT 3- : Embroidery Defects and finishing	<ul style="list-style-type: none"> <li>Session 1- Embroidery defects identification</li> <li>Session 2- Precautionary measures</li> </ul>	<ul style="list-style-type: none"> <li>Identify the defects arising while doing embroidery and rectify them</li> <li>Write precautionary measures used while doing embroidery in practical file.</li> </ul>
	Employability Module  UNIT 3- ICT Skills Part B	<ul style="list-style-type: none"> <li>Peripherals devices and their uses – mouse, keyboard, scanner, webcam, etc. of a computer system</li> <li>Primary operations on a computer system – input, process, storage, output, communication networking, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Identification of various parts and peripherals of a computer</li> <li>Demonstration and practice on the use of mouse</li> <li>Demonstration and practice on the use of keyboard</li> <li>Demonstration of the uses of printers, webcams, scanner and other peripheral devices</li> <li>Drawing diagram of computer system and labelling it</li> </ul>
MID TERM EXAMINATION (16th SEPTEMBER 2025-1st OCTOBER 2025)			
Oct-25	UNIT 3- : Embroidery Defects and finishing	<ul style="list-style-type: none"> <li>Session 3-Methods of finishing embroidered products.</li> <li>Session 4-Factors affecting costing of embroidered products.</li> </ul>	<ul style="list-style-type: none"> <li>Write steps of finishing of embroidered products in practical file.</li> <li>Write factors affecting costing of garments and embroidered products in practical file.</li> </ul>
	Employability Module  UNIT 4- Entrepreneurial Skills Part A	<ul style="list-style-type: none"> <li>Types of businesses – service, manufacturing, hybrid</li> <li>Types of businesses found in our community Business activities around us</li> </ul>	<ul style="list-style-type: none"> <li>Prepare posters of business activities found in cities/villages, using pictures</li> <li>Discuss the various types of activities, generally adopted by small businesses in a local community</li> <li>Best out of waste</li> <li>Costing of the product made out of waste</li> <li>Selling of items made from waste materials</li> <li>Prepare list of businesses that provides goods and services in exchange for money</li> </ul>
25-Nov	UNIT 4- : Organizational Rules	<ul style="list-style-type: none"> <li>Session 1-Explain organizational rules, policies, and procedures</li> <li>Session 2-Explain and practice personal health and hygiene</li> </ul>	<ul style="list-style-type: none"> <li>Write organizational rules, Policies, procedures in practical file.</li> <li>Practice good personal health and hygiene at workplace</li> </ul>
	Employability Module  UNIT 4- Entrepreneurial Skills Part B	<ul style="list-style-type: none"> <li>Meaning of entrepreneurship development</li> <li>Distinguishing characteristics of entrepreneurship</li> <li>Role and rewards of entrepreneurship</li> </ul>	<ul style="list-style-type: none"> <li>Prepare charts showing advantages of entrepreneurship over wages</li> <li>Group discussions on role and features of entrepreneurship</li> <li>Lectures/presentations by entrepreneurs on their experiences and success stories</li> <li>Identify core skills of successful entrepreneur</li> </ul>
Dec-25	UNIT 5- Hazards, Safety measures, cleaning and maintenance at workplace	<ul style="list-style-type: none"> <li>Session 1-Explain organisational hazards and safety measures</li> </ul>	Write organizational hazards and safe working practices in practical file.
	Employability Module  UNIT 5- Green Skills	<ul style="list-style-type: none"> <li>Introduction to environment,</li> <li>Relationship between society and environment, ecosystem and factors causing imbalance</li> <li>Natural resource conservation</li> <li>Environment protection and conservation</li> <li>Definition of green economy</li> <li>Importance of green economy</li> </ul>	<ul style="list-style-type: none"> <li>Group discussion on hazards of deteriorating environment</li> <li>Prepare posters showing environment conservation</li> <li>Discussion on various factors that influence our environment</li> <li>Discussion on the benefits of green skills and importance of green economy</li> <li>Prepare a Poster showing the importance of green economy with the help of newspaper/ magazine cuttings</li> </ul>
WINTER BREAK (1st JAN 2026-15th JAN 2026)			

Jan-26	UNIT 5- Hazards, Safety measures, cleaning and maintenance at workplace	• Session 2- Describe the importance of cleaning and maintenances	• Demonstrate workplace cleaning and visit an industry and prepare a report.
Feb-26		REVISION	
Mar-26		CBSE/ANNUAL EXAMINATION 2026	