

DIRECTORATE OF EDUCATION

Practice paper (2025-26)

CLASS XII

Home Science(064)

Time 3 Hours

Max.Marks:70

GENERAL INSTRUCTIONS

- 1.All questions are compulsory.
- 2.There are 32 questions in this paper.
- 3.Question paper is divided into three sections- A, B and C.
- 4.Section A has question no.1 to 14 multiple choice questions and are of 1 mark each.
- 5.Section B has question no.15 to 21 of 2 marks each and question no. 22 to 25 of 3 marks each.
- 6.Section C has question no. 26 to 30 of 4 marks each and question no. 31 and 32 of 5 marks each.
- 7.Internal choices are given in some questions.
- 8.Support your answers with suitable examples wherever required.

	SECTION A (MULTIPLE CHOICE QUESTIONS)	
1	Asif's body weight is not appropriate for his height. What is this condition called? A. Wasting B. Dwarfism C. Protein-energy malnutrition D. Micronutrient deficiency	1
2	In the hotel industry, which person is responsible for the cleanliness of a room? A. Bellboy B. Room attendant C. Floor supervisor D. Restaurant manager	1
3	Your mother purchased an automatic front-loading washing machine. Which	1

	washing method is used in this machine? A. Agitation B. Pulsation C. Spinning D. Tumbling	
4	Which is the world's largest early childhood program aimed at the holistic development of children under 6 years of age? A. ICDS B. MDM C. KGBV D. NCPCR	1
5	Divya is very thin. What kind of clothing should she wear that creates the illusion of width? A. Horizontal B. Diagonal C. Curved D. Vertical	1
6	The Beti Bachao Beti Padhao scheme was launched on January 22, 2015, to achieve which primary objective? A. Eliminate biased sex selection B. Implement the government's RTE Act C. Promote the development of a holistic environment for girl child empowerment D. Prevent infant malnutrition	1
7	What medium was used in the Red Ribbon Express campaign? A. Radio B. Television	1

	C. Train-based outreach D. Internet	
8	Which of the following statements is correct regarding Ergonomics? A. It increases the risk of injuries and accidents. B. It reduces productivity. C. It increases work efficiency. D. It increases employee stress.	1
9	In which temperature range is bacteria most likely to grow? A. 5 to 60 degrees Celsius B. 10 to 30 degrees Celsius C. 15 to 50 degrees Celsius D. 20 to 60 degrees Celsius	1
10	What is the primary objective of E.C.C.E? A. To prepare children for examinations B. To provide nutrition only C. The child's overall development D. To introduce formal subjects early	1
11	The right to be heard means _____ A. Consumers can demand discounts. B. Consumer complaints should be considered. C. Consumers should be given free goods. D. Consumers should accept the advice of manufacturers	1
12	Match List I with List II.	1

	<table><tr><td>List I (Establishments)</td><td>List II (Services)</td></tr><tr><td>1 Hotel</td><td>i Provide leisure activities and sports</td></tr><tr><td>2 Lodge</td><td>ii Provide accommodation, food, and other services.</td></tr><tr><td>3 Resort</td><td>iii Provide rented accommodation exclusively for sleeping.</td></tr><tr><td>4 Furnished Camps</td><td>iv For people participating in trekking/rafting</td></tr></table> Choose the correct option from the following A. 1-II,2-III,3-I,4-IV B. 1-I,2-II,3-III,4-IV C. 1-III,2-IV,3-I,4-II D. 1-III,2-I,3-IV,4-II	List I (Establishments)	List II (Services)	1 Hotel	i Provide leisure activities and sports	2 Lodge	ii Provide accommodation, food, and other services.	3 Resort	iii Provide rented accommodation exclusively for sleeping.	4 Furnished Camps	iv For people participating in trekking/rafting	
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13	Given below are two statements labeled Assertion (A) and Reason (R). Assertion (A): SOS Children's Village is a government organization. Reason (R): In an SOS Village, one mother cares for 10 to 15 children. Select the most appropriate answer from the options given below: (A)Both A and R are true, and R is the correct explanation of A. (B)Both A and R are true ,and R is not the correct explanation of A. (C) A is true, but R is false. (D.) A is false, but R is true.	1										
14	Given below are two statements labeled Assertion (A) and Reason (R). Assertion (A): Mechanical soft diets are free of fiber.	1										

	Reason (R): These types of diets are given immediately after surgery. Select the most appropriate answer from the options given below: (A)Both A and R are true, and R is the correct explanation of A. (B)Both A and R are true ,and R is not the correct explanation of A. (C) A is true,but R is false (D.) A is false,but R is true	
	Section B (Very Short and Short Answer Questions)	
15	A. Write any two significances of HACCP. OR B. Write any two reasons for food safety and quality being a global issue.	2
16	A. Seema is a school student who is frequently ill. The school decided to conduct a nutrition survey to improve her health. What two methods could be used to assess Seema's nutritional status? OR B. Najma has stomach problems. The doctor has advised her to eat a semi-liquid diet. Describe the characteristics of a semi-liquid diet and give two examples.	2

17	A. Your sister sent a box of apples from Shimla, most of which were spoiled. What could be the possible reasons for their spoilage? OR B You had a bountiful harvest during mango season, and you want to process them to preserve them longer. Describe any two types of processed foods based on extent and type of processing.	2
18	Your friend wants to take up clothing care and maintenance as a profession. Guide him by telling any two educational qualifications in this field.	2
19	What are the two types of operations in dryers of Institutional laundry?	2
20	Which two types of merchandisers are there in an export enterprise?	2
21	How is a modified diet different from a regular diet?	2
22	A food exporter was told that his product must meet the standards of the CAC. Write the full name of the CAC and it's any two characteristics.	3
23	A.Mention any three sections under the Housekeeping Department. Or B.Write any three stages of Guest Cycle	3
24	Riya wants to start a small handicraft business. She knows that the market is fiercely competitive. State three characteristics of an entrepreneur that will help her face challenges and continue her business. or b. Suman works in a private company, but she receives a lower salary than her male colleagues. Name three acts of the Indian Constitution that provide protection to women in various industrial sectors.	3
25	Suggest any three career opportunities related to Early Childhood Care and Education to Nazma.	3
	Section C(Long Answer Questions)	
26	Anil buys a shampoo that was heavily advertised as “making hair silky in one wash,” but it doesn’t work as claimed. i Which consumer right has been violated?	1+1+ 2=4

	ii What action can Anil take to address this issue? iii. Write any two other problems faced by consumers.	
27	A..A women's self-help group has started a community radio station to discuss issues such as domestic violence and women's education. i Write two characteristics of community radio. ii Give two examples of community radio stations in India. Or B.Even today, newspapers continue to play a vital role in a common man's life . i. Write any two roles of print media in development communication? ii Which two qualities should a journalist possess ?	2+2=4
28	4-year-old Rahul, whose parents died in a train accident, lives in an SOS village. i. Write any three characteristics of an SOS Children's Village. ii. Which Children home run by government houses orphaned and abandoned children?	3+1=4
29	i. What do you understand about food technology? ii. List three knowledge and skills required of a food technologist.	1+3=4
30	Write two roles of a fashion merchandiser in each of the following fields : i Manufacturing ii Promoting	2+2=4
31	Your sister wants to sew a beautiful and attractively designed frock for her daughter. i. What are the two types of design? ii. Tell her about any three principles of design.	2+3=5
32	Describe any five programs implemented in India to address nutrition problems. Or Write any five causes of malnutrition at the household level.	5

